

## WOOLLY WELLNESS ITINERARY

11.00am | Arrival at Cameron House Concierge will store luggage and deliver to guest rooms

12.15pm | Depart from Cameron House Transport provided and will depart from the hotel turning circle

12.50pm | Arrival at The Naughty Sheep

1.00-1.25pm | Yoga flow with mountain views

1.30-3.30pm | Afternoon tea with sheep

3.30-4.30 | Sound meditation in the Naughty Sheep studio

4.45pm | Return to Cameron House Transport will be provided

From 6pm | Dinner in The Cameron Grill Please book dinner at the time of booking

